

## Multiple heights. Multiple applications.



### 3 heights in 1!

$\frac{3}{8}''H$  →  
 $\frac{1}{4}''H$  →  
 $\frac{1}{8}''H$  →



Peel to adjust in seconds

- Durable leather cover
- Simply peel layers to adjust height
- For plantar fasciitis, Achilles tendonitis, and more

### Adjustable Heel Lifts

Simply peel one or two layers at a time to adjust height precisely to your patient. Set to  $\frac{3}{8}''$ ,  $\frac{1}{4}''$ , or  $\frac{1}{8}''$ . Durable leather cover with three resilient  $\frac{1}{8}''$  rubber layers are tapered for comfort. Layers are firmly held together by peel-apart adhesive. Use bilaterally for progressive treatment of plantar fasciitis or Achilles tendonitis. Use with a post-op shoe to eliminate the pelvic obliquity caused from the difference in leg length.

*Sizing: S fits most Wmns shoe sizes; M fits larger Wmns and smaller Mens shoe sizes; L fits most Mens shoe sizes.*

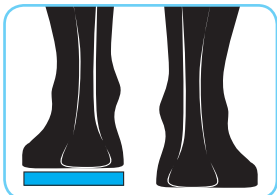
### Ordering Information

#60404 Heel Lift, each

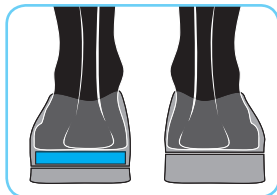
#64444 6/kit, one size

Specify size.

### One lift treats:



Leg-length discrepancy



Pelvic obliquity



Plantar fasciitis



Achilles tendonitis



## Shock-absorbing gel moisture-resistant cloth cover



Choose from two heights

**AliMed Leg-Length Discrepancy Pads** Long-lasting viscoelastic polymer gives exceptional shock absorption. Firm wedge with soft fabric top cover is moisture-resistant and won't harden, crack, or curl.

	HEIGHT	WOMENS	MENS
#6990	1/4"	6½-8½	5-6
#6991	1/4"	9-12	6½-8½
#6992	1/4"	—	9+
#6993	3/8"	6½-8½	5-6
#6994	3/8"	9-12	6½-8½
#6995	3/8"	—	9+

## Contoured support achieves 1/2" lift



Achieves 1/2" lift

**AliMed Leg-Length Lifts** 1/2" lift compensates for length discrepancies. Other lifts achieve only 1/4" or 3/8" lift and don't support the arch, putting dangerous pressure on metatarsal heads. Lifts support by approximating normal plantar contours of hind and midfoot. Use bilaterally for plantar heel pain or Achilles tendon problems. Use on opposite leg to improve gait immediately following total hip replacement. Flexible molded polyurethane. One **Left** or **Right** per package. Black.

**Sizing:** S, Wmns 5-6½; M, Wmns 7-11, Mens 6-10; L, Wmns 12+, Mens 10½+.

SIZE	LEFT	RIGHT
S	#63354	#63355
M	#63356	#63357
L	#63358	#63359

## Easily measure leg-length discrepancies



Adult

Adjustable hook-and-loop straps secure foot

Child

### Color-coded lifts simplify height adjustment

**Adjustable Height Shoe Lifts** are used to measure leg-length discrepancies. Use a variety of thicknesses to obtain correct height. Adjustable hook-and-loop straps secure foot to shoe lifts. Five color-coded foam lifts (1/4", 3/8", 1/2", 5/8", 1") for easy identification of height. Black 1/8" top and 1/4" bottom sole.

#66249 ADULT, 7 pcs, COMPLETE  
#66250 CHILD, 7 pcs, COMPLETE



Five color-coded foam lifts for easy identification of height

Any order placed before 3 p.m. EST, if in stock, ships the same day!  
Prices, product availability, and specs are subject to change.

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