

## Your Partner in Rehab Therapy





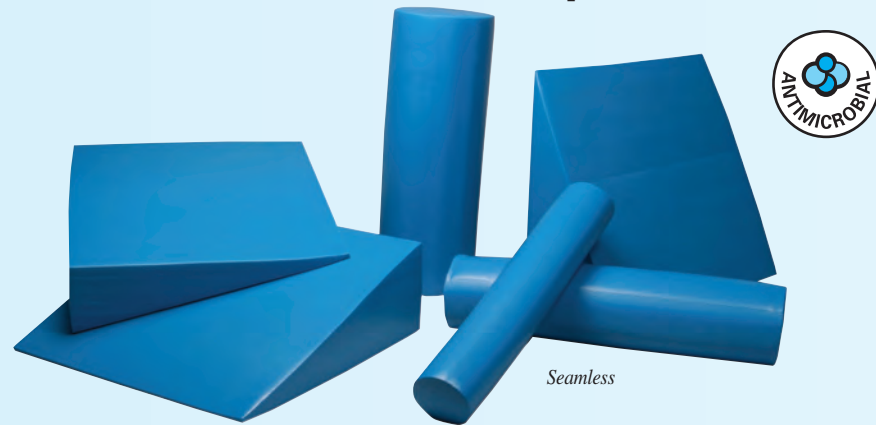
## Flexible • Antimicrobial • Coated • Waterproof



### Antimicrobial-Treated Therapy Positioners

Unlike traditional vinyl coatings that are often thick and unyielding, the soft vinyl coating on our Therapy Positioners offers maximum support and comfort without rigidity. Each **Wedge** and **Roll** incorporates an antimicrobial coating that inhibits growth of odor-causing microbes on the product's surface. Seamless covering is just as strong and waterproof as leading brands and slightly textured to help maintain position during use.

Soft vinyl upholstery • Nitrile foam interior • Blue



Seamless



#### Wedges

#31891	22"L x 20"W x 4"H
#31892	22"L x 20"W x 6"H
#31893	22"L x 20"W x 8"H
#31894	22"L x 20"W x 10"H

#### Rolls

#31895	12"L x 4" diam
#31898	24"L x 4" diam
#31897	24"L x 6" diam
#31896	24"L x 8" diam



w/Sure-Chek® Cover

#### Support and elevate legs

**Therapy and Bed Wedges** No hassle of wrestling with pillows. Suspend heels off the bed for effective pressure relief. Help alleviate lower extremity edema or low back pain. Waterproof **Tuff-Coat™** model is impregnated with antimicrobial odor control to inhibit growth of bacteria, mold, and mildew on the surface of the wedge. **Terrycloth Cover** removes for laundering. Removable **Sure-Chek® Cover** wipes clean. Disposable **Uncovered Polyfoam Wedge** is an economical choice for single-patient use. Replacement Terrycloth and Sure-Chek covers are also available.

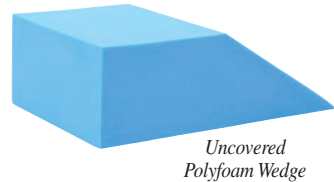
15"W x 25"L x 8"H • Polyfoam

#### Wedges

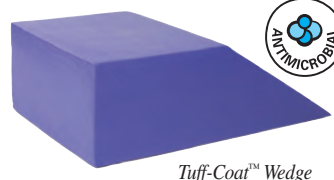
#82719	Tuff-Coat™ Coated Foam
#65258	w/Terrycloth Cover (not shown)
#65259	w/Sure-Chek® Cover
#60483	Uncovered Polyfoam

#### Covers Only

#60484	Terrycloth (not shown)
#60485	Sure-Chek®



Uncovered Polyfoam Wedge



Tuff-Coat™ Wedge



Convenient handle

#### Contoured for comfort



#### Lower Extremity Wedges

place lower back in neutral. Place low end under knees to elevate feet and help prevent or reduce edema.

16"W x 22"L x 13"H • Solid, light core surrounded by a layer of soft foam • Durable, easy-to-clean, removable PERMA-BLOK3® antimicrobial-treated vinyl upholstery • Meets CAL117

#65932



Attach extension for leg elevation

#### Adjusts for exercise and positioning



#### Knee Bolster and Extension Sets

Two-piece set supports knees and lower legs in supine. For stretching programs and quad exercises. Leg extension attaches with hook-and-loop strip, or use extension independently as positioning wedge.

Covered in water-resistant vinyl • Polyfoam interior • Bolster: 19½"W x 12"H x 16"D • Extension: 11½"W x 16"L x 12"H (top) 4"W (bottom)

#3279



Use Bolster for support



Three firmness grades

#### Isometric exercisers

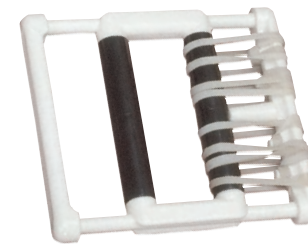


#### Swanson Grip-X®

Isometric exerciser for strengthening grip and forearm. Developed by Alfred B. Swanson, M.D., FACS, and Mary DeBoer, RPT, for hand rehabilitation after finger-joint arthroplasty. Shaped to support MP joints. Improves golf and tennis grip.

PVC rubber

#5460	Therapeutic Grade: Soft, Blue
#5461	Maintenance Grade: Med., Green
#5462	Athletic Grade: Hard, Black
#5463	Set of three, one each grade



#### Affordable and dependable

**Economy Hand Exerciser** Add bands to increase tension. Includes 5- to 12-lb. strength bands. 12/pk.

#5196



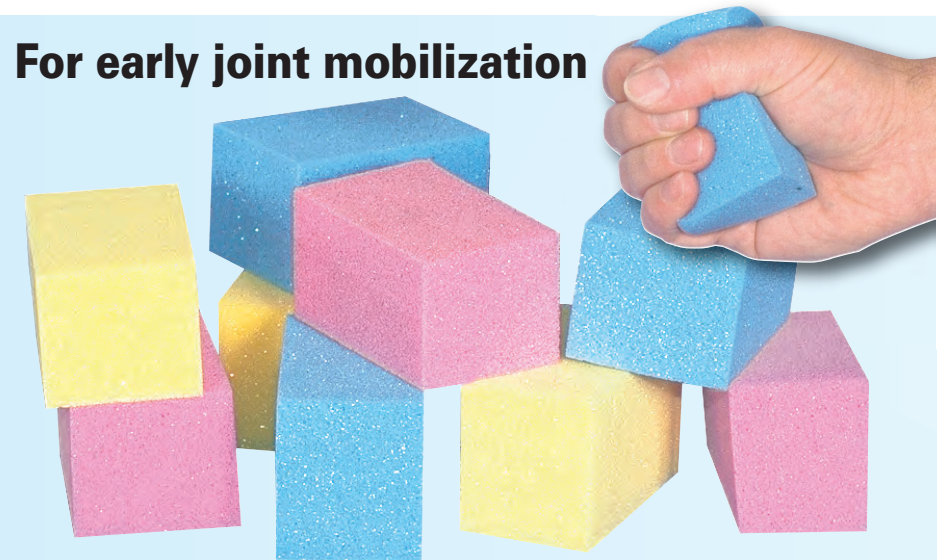
#### Adjustable resistance

**Power Grips** for hand and forearm. Three calibrated springs. 10-100 lbs. resistance.

3½"W x 12½"L

#5329

## For early joint mobilization



#### Automatically moderates rate of repetition



#### T-Foam™ Visco Cubes

for use in early joint mobilization exercises. These slow recovery cubes help patient safely pace prescribed exercise activity. Because T-Foam slowly returns to its original shape when released, rate of exercise repetition is automatically moderated. 18/bx.

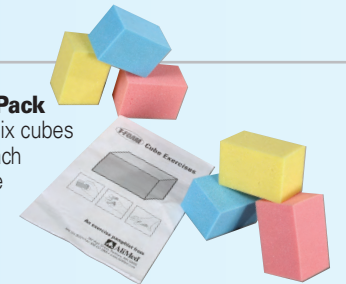
Each cube is 2"W x 1¼"L x 3"H

#5087	X-Soft, 18/bx, YELLOW
#5085	Soft, 18/bx, PINK
#5086	Med., 18/bx, BLUE
#5811	Exercise Booklets, 25/pk

#### Patient Pack

includes six cubes (two of each resistance level) and Exercise Booklet.

#5082 Patient Pack, 6/pk



## Strengthen grasp

#### Cushioned palmar base

**Hand Helper® II** Cushioned palmar base eases fatigue. Add bands to increase tension. Includes 5- to 12-lb. strength bands.

#5326	Hand Helper II
#532612	12/cs



#### Curved to exercise different muscles

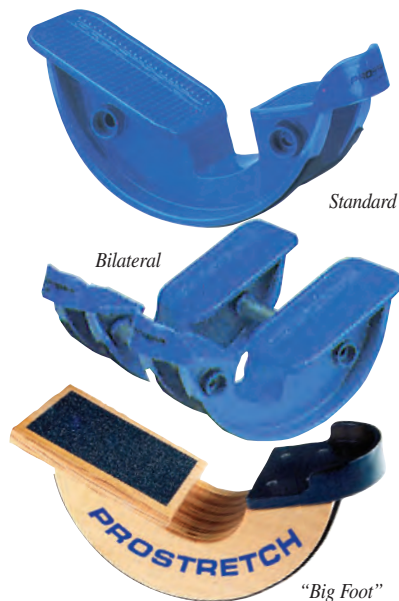
#### Ultimate Hand Helper®

Alternate curve position to exercise different flexor and extensor muscle groups. Padded finger bar and four range-limiting clips. Includes Yellow, Red, and Blue elastic bands. Not made with natural rubber latex.

#51593







■ **Isolates muscles and tendons**

**ProStretch® Products** optimally position user to isolate and stretch gastrocnemius, anterior tibialis, and hamstring musculature, plantar fascia, and Achilles tendon. User controls degree of stretch. Unilateral model available in **Standard** size (plastic) or **Big Foot** model (wood) for shoe sizes 14-21. **Bilateral** plastic model allows simultaneous stretching of both lower extremities.

- #3525 Standard Unilateral
- #3526 Bilateral Standard
- #3529 Big Foot Unilateral

■ **Adjustable**

**Pro Dual Multi-Slant** stretches lower leg muscles. Adjusts to 10°, 20°, 30°, or 40°. Independent footplates lock in place for each angle setting. Nonslip top and bottom surface. Folds flat for storage.

15"W x 15"L • Wood • Max. height 14" • 250-lb. capacity

#31594



■ **Includes storage caddy**

**Wobble and Rocker Boards** include a removable 5" polyurethane sphere with 3/4" spacer for a variation of difficulty levels. Tilt angle 13° to 22°. Advanced for higher-level patients and athletes: without spacer, max angle 15°; with spacer, 22°. Intermediate for beginner and intermediate users: without spacer, max angle 13°; with spacer, 16°. Rocker Board max angle: 16°. Birch grain finish. Clear 3M™ nonslip surface. Two-year guarantee.

**Balance Aids** are lightweight, 52" black aluminum poles with handles.

9" polyurethane base (not shown)

- #3272 Adv. 16" Wobble Board
- #3273 Inter. 20" Wobble Board
- #3274 20" Square Rocker Board
- #3357 Wood Stand (holds all three)
- #3275 Optional Balance Aids



20" Wobble Board



#3357 (Stand only)

## Partners in the Continuum of Care

AliMed is a leading developer, manufacturer, and distributor of high-quality patient care, rehabilitation, orthopedic, operating room, medical imaging, and ergonomic products. For over 40 years, AliMed has served the hospital, long-term care, and rehabilitation markets with a broad selection of specialty products.

Through established partnerships with more than 500 suppliers, a reputation for exceptional customer service, and a comprehensive range of unique products, AliMed provides more than 70,000 different products to healthcare facilities and businesses worldwide.

### AliMed provides the following:

- Service to all medical markets with an extensive array of products including those that are difficult to find
- Competitive pricing through contracts
- Field sales and dedicated customer service support
- Same-day shipping for in-stock items\*
- Reduced acquisition costs through EDI ordering
- E-commerce and specialized catalogs to easily find and order products

See more at [AliMed.com](http://AliMed.com)

\*Any order placed before 3 p.m. EST, if in stock, ships the same day!