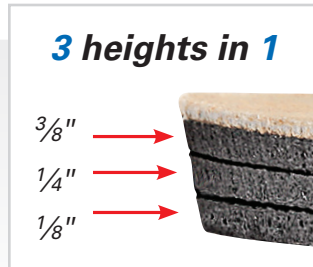


Correct leg-length discrepancy



■ **Peel-apart layers for precise height adjustment—achieves up to 3/8" lift**

AliMed® Adjustable Heel Lifts Simply peel one or two layers at a time to adjust height precisely to your patient. Set to 3/8", 1/4", or 1/8". Durable leather cover with three resilient 1/8" rubber layers are tapered for comfort and firmly held together by peel-apart adhesive. Not made with natural rubber latex.

Sizing: *S* fits most *Wmns* shoe sizes; *M* fits larger *Wmns* and smaller *Mens* shoe sizes; *L* fits most *Mens* shoe sizes.

#60404* HEEL LIFT, ONE SIZE

#64444* 6/KIT, ONE SIZE

#60405 12/KIT, 4 OF EA SIZE

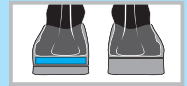
*Specify size.

AliMed has a variety of **heel lifts, pads, wedges, and evaluation tools** to measure and treat leg-length discrepancies, temporary discrepancies when wearing a walking cast or boot, and other conditions, such as pelvic obliquity, plantar fasciitis, and Achilles tendonitis. Choose from a range of materials and thicknesses for an effective solution that best fits your patients' needs.

One lift treats:



Leg length



Pelvic obliquity



Plantar fasciitis



Achilles tendonitis



■ **Viscoelastic polymer absorbs shock—achieves up to 3/8" lift**

AliMed® Leg-Length Discrepancy Pads Long-lasting viscoelastic polymer gives exceptional shock absorption. Firm wedge with soft fabric top cover is moisture-resistant and won't harden, crack, or curl. Choose from two heights: 1/4" or 3/8".

EA	HEIGHT	WMNS	MENS
#6990	1/4"	6½-8½	5-6
#6991	1/4"	9-12	6½-8½
#6992	1/4"	—	9+
#6993	3/8"	6½-8½	5-6
#6994	3/8"	9-12	6½-8½
#6995	3/8"	—	9+



■ **Contoured heel and arch support—achieves 1/2" lift**

AliMed® Leg-Length Lifts feature a 1/2" lift to compensate for length discrepancies. Other lifts achieve only 1/4" or 3/8" lift and don't support the arch, putting dangerous pressure on metatarsal heads. These flexible, molded polyurethane lifts support by approximating normal plantar contours of hind and midfoot. Choose **Left** or **Right**. 1/pk. Black.

Sizing: *S*, *Wmns* 5-6½; *M*, *Wmns* 7-11, *Mens* 6-10; *L*, *Wmns* 12+, *Mens* 10½+.

SIZE	LEFT (EA)	RIGHT (EA)
S	#63354	#63355
M	#63356	#63357
L	#63358	#63359



■ **Peel, adjust, and re-adhere repeatedly—achieves up to 1/2" lift**

Clearly Adjustable Heel Lifts include 12 separate layers of firm, clear, and conforming vinyl plastic that can be peeled, adjusted, and re-adhered in 1/32" increments for a 1/2" maximum lift. Long constant slope supports arch and helps reduce arch stress. Ideal for dress shoes or sandals. Trim with scissors as needed.

Sizing: *S*, *Wmns* shoe size up to 7½, *Mens* 6; *M*, *Wmns* 8-10, *Mens* 6½-8½; *L*, *Wmns* 10½+, *Mens* 9+.

#66443 EACH

Specify size.

SAME-DAY SHIPPING on in-stock orders placed by 3 p.m. EST

Controls hindfoot and forefoot motion—achieves up to $\frac{9}{16}$ "

Hapad® $\frac{3}{4}$ -Length Heel Wedges Longer length controls the hindfoot and forefoot from inversion or eversion. Adhesive back. Available in two widths and three heights for a maximum lift of $\frac{9}{16}$ ". Sold in pairs.



2½"W	1 PR	12 PR/CS
S, $\frac{3}{8}$ "H	#65443	#6544312
M, $\frac{7}{16}$ "H	#65442	#6544212
L, $\frac{9}{16}$ "H	#65441	#6544112
3"W	1 PR	12 PR/CS
S, $\frac{3}{8}$ "H	#6635	#663512
M, $\frac{7}{16}$ "H	#6636	#663612
L, $\frac{9}{16}$ "H	#65447	#6544712

Soft and resilient—achieves up to $\frac{9}{16}$ "

Hapad® Heel Pads Soft, resilient heel cushions for correcting leg-length discrepancies and treating sore and bruised heels. Adhesive back. Available in three widths for a maximum lift of $\frac{9}{16}$ ". Sold in pairs.



SIZE	3 PR/PK	12 PR/CS
2"W x $\frac{3}{16}$ "H	#6380	#638012
2"W x $\frac{5}{16}$ "H	#6381	#638112
2"W x $\frac{7}{16}$ "H	#6382	#638212
2½"W x $\frac{3}{16}$ "H	#6385	#638512
2½"W x $\frac{5}{16}$ "H	#6386	#638612
2½"W x $\frac{7}{16}$ "H	#6387	#638712
2½"W x $\frac{1}{2}$ "H	#6388	#638812
2½"W x $\frac{9}{16}$ "H	#6389	#638912
3"W x $\frac{3}{16}$ "H	#6390	#639012
3"W x $\frac{5}{16}$ "H	#6391	#639112
3"W x $\frac{7}{16}$ "H	#6392	#639212
3"W x $\frac{1}{2}$ "H	#6393	#639312
3"W x $\frac{9}{16}$ "H	#66578	#6657812



Two-layer oversole adjusts height

Compensates for leg-length discrepancy when wearing a walking cast or boot

EVENup™ Orthotic Shoe Lifts add $\frac{1}{2}$ " to 1" lift to compensate for a temporary leg-length discrepancy such as when wearing a walking cast or fracture boot. Easily attaches to shoe of nonaffected limb for improved balance and gait, and reduced body strain. Rubber and hook-and-loop straps hold lift in place. Includes adjustable two-layer nonskid rubber outsole. **Pro Pack** includes five of each size. Fits left or right.

Sizing: S, A sole measurement between 10" and 11¼"; Wmns 6-8½, Mens 7-8½. M, A sole measurement between 11½" and 12¾"; Wmns and Mens 9-11½. L, A sole measurement between 13" and 14½"; Wmns and Mens 12-14.

- #66088 S, EACH
- #66089 M, EACH
- #66090 L, EACH
- #66091 PRO PACK, 5 OF EA SIZE

It is generally best to choose an EVENup a little too small rather than a little too big. If your shoe measurement is between two measurements such as 11¼"-11½", or measures 11½", it is best to choose the smaller size. Also note: shoe size best correlates with size.

Evaluation Tools

Flexible rubber sole

Trial Elevation Sandals accommodate up to 1" total leg-length discrepancy. Lightweight flexible rubber sole, leather heel counter, and hook-and-loop ankle and instep straps. $\frac{1}{4}$ " thick sole with one $\frac{1}{4}$ " inlay and one $\frac{1}{2}$ " inlay included.

#62477 EACH



Color-coded lifts simplify height adjustment

Adjustable Height Shoe Lifts are used to measure leg-length discrepancies. Use a variety of thicknesses to obtain correct height. Adjustable hook-and-loop straps secure foot to shoe lifts. Five color-coded foam lifts ($\frac{1}{4}$ ", $\frac{3}{8}$ ", $\frac{1}{2}$ ", $\frac{5}{8}$ ", 1") for easy identification of height. Black $\frac{1}{8}$ " top and $\frac{1}{4}$ " bottom sole.

#66249 7-PIECE SET

Adjustable hook-and-loop straps secure foot



Five color-coded foam lifts for easy identification of height

Any order placed before 3 p.m. EST, if in stock, ships the same day!
Prices, product availability, and specs are subject to change.

Pub. #7692REV0921 Product #11516
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